

UPPER MONTGOMERY COUNTY
EMERGENCY ASSISTANCE NUMBERS

CRISIS

- Medical Emergency.....911
- Montgomery County Crisis Center.....240-777-4000
- Montgomery County General Info.....311
- MC Health and Human Services – UpCounty...240-777-4448

EVICTION/RENTAL ASSISTANCE/UTILITIES

- Upper Montgomery Assistance Network (UMAN)....301-926-4422 www.uman-mc.org
- Housing Initiative Partnership (HIP).....301-916-5946 www.hiphomes.org
- HOC Clients.....240-773-8805

FOOD

- Lord’s Table (Dinner M-Sat. 3:30pm) St. Martin’s Church Hall, 201 S. Frederick Ave. Gaithersburg
- St. Martin’s Food Pantry – Arrive before 9am Mondays
- Gaithersburg HELP.....301-216-2510 www.gaithersburghelp.org
- Germantown HELP.....301-482-1320 www.gtownhelp.org
- Manna Food.....301-424-1130 www.mannafood.org

SHELTER/CLOTHING

- Single Adults – Point of Entry, MC Crisis Center.....240-777-4000
- Families with Children - MC Emergency Services UpCounty....240-777-4448
- Interfaith Works Empowerment Center.....301-585-4471 www.iworksmc.org
- Interfaith Works Clothing Center.....301-424-3796 www.iworksmc.org
- A Wider Circle.....301-608-3504 www.awidercircle.org

HEALTH CARE

- Holy Cross Health Center.....301-557-1800
- Community Clinic, Inc (health services for families)....301-216-0880 www.cciweb.org
- Mercy Health Clinic (adults only).....301-978-9750 www.mercyhealthclinic.org
- National Alliance on Mental Health (NAMI).....301-949-5852 www.namimc.org
- Gaithersburg HELP (prescriptions)..... 301-216-2510 www.gaithersburghelp.org
- Family Services, Outpatient Mental Health Clinic.....301-840-3200 www.fs-inc.org

EMPLOYMENT/LEGAL/IMMIGRATION

- Spanish Catholic Center.....301-417-9113
- Career Catchers....301-495-6393 www.careercatchers.org
- Interfaith Works Vocational Services.....301-585-4471 www.iworksmc.org
- Family Services, Inc.....301-840-3200 www.fs-inc.org